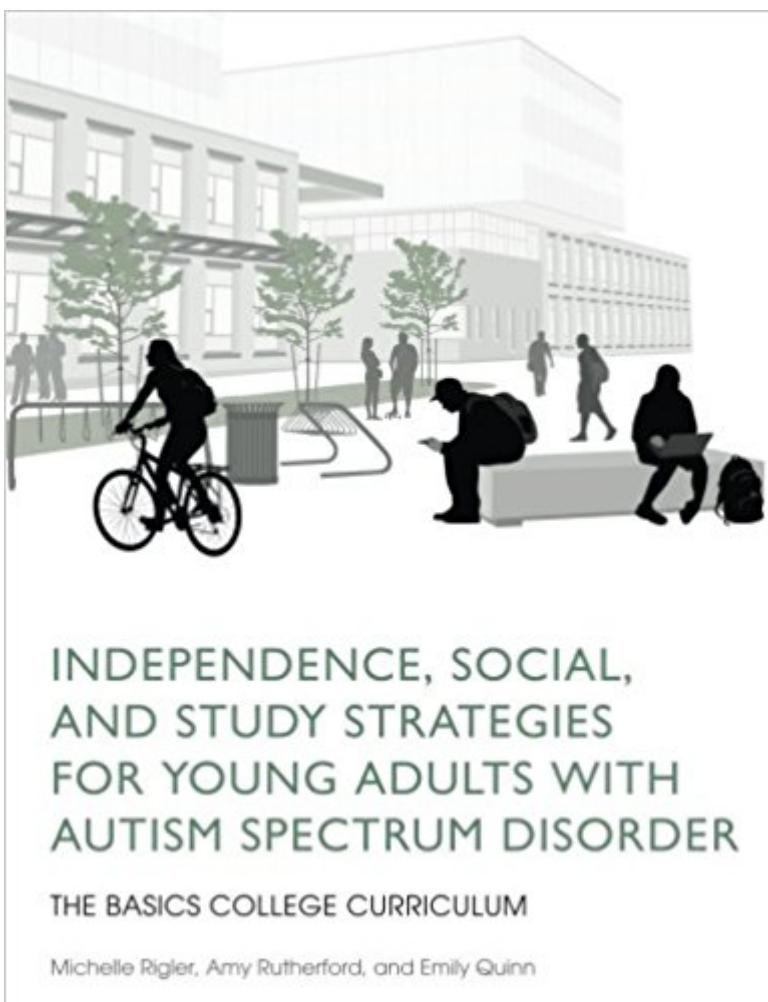


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# Independence, Social, And Study Strategies For Young Adults With Autism Spectrum Disorder: The BASICS College Curriculum



## **Synopsis**

The BASICS College Curriculum presents a hands-on approach to learning essential life and study skills for college students with Autism Spectrum Disorder (ASD). This book focuses on the transition to college, developing key academic skills, navigating campus social life, and living away from home for the first time. Ideal as a textbook for ASD college programs run by disability support services and suitable for students to use for self-study, it teaches independence skills, self-advocacy, organization, stress management, and social skills. Each lesson provides valuable information and advice for the student, useful diagrams, practical exercises and workbook components that can be filled in at home or in class, and self-assessment tools.

## **Book Information**

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## **Customer Reviews**

The BASICS curriculum is anything but basic. This comprehensive curriculum helps teachers, parents, and disability providers to apply detailed support to students with ASD with little preparation. It also serves as a self-paced workbook for students on the spectrum. The authors have created the perfect comprehensive tool kit for supporting students on the spectrum transitioning to college! -- Lisa Meeks, PhD, Director of Student Disability Services, Schools of Medicine, Dentistry and Graduate Studies, University of California, San Francisco This is a wonderful resource for colleges and universities starting programs for students on the spectrum or starting groups. From academic skills, career and major choices to social skills and hygiene, the

authors have developed forms and diagrams that help students to understand the vague and non-verbal direction of college education. The 'BASICS' will help students to become self-aware, develop skills and graduate! --Jane Thierfeld Brown, EdD, Director, College Autism Spectrum, Assistant Clinical Professor, Yale University, Child Study Center

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